

**COU 674: Crisis Counseling & Crisis Intervention** 

#### **Course Assignments Point Breakdown**

Weekly Discussion Boards= 50 ptsMovie Paper= 100 ptsGroup Interview= 100 ptsCrisis Narrative= 150 ptsTotal400 pts

#### **University Grading Scale**

• **A**: 93.00-100.00

• **A**-: 90-92.99

• **B**+: 87-89.99

• **B**: 83-86.99

• **B-**: 80-82.99

• **C**+: <u>77-79.99</u>

• **C**: 73-76.99

• **F**: <u>0-72.99</u>

#### **Submission of Assignments**

Submission dates are identified on the assignment description below, and on the course schedule. Submissions will be received no later than 11:59 pm EST on the date noted. Any assignments received later will not be graded. Students should consult wieivee

#### **Confidentiality and Ethics**

Because personal information may be shared during class sessions, it is understood that all students will adhere to an ethical policy of confidentiality. What others (i.e., students, speakers) share in class is not to be discussed outside of class. Breaking the confidentiality of anyone involved in this course will be considered a serious violation of academic/ professional integrity.

#### **Credit Hour Policy Statement**

In accordance with federal policy, NKU defines a credit hour as the amount of work represented in the achievement of student learning outcomes (verified by evidence of student achievement) that reasonably approximates one hour (50 minutes) of classroom instruction and a minimum of two hours of out-of-class student work. For every course credit hour, a typical student should expect to spend at least three hours per week of concentrated attention on course-related work including, but not limited to, class meeting time, reading, reviewing, organizing notes, studying and completing assignments. At least an equivalent amount of time is expected for other academic activities such as online courses, laboratory work, internships, practica, studio work and other academic work leading to the award of credit hours.

Estimates of the time required for a student to complete this course are:

Class Attendance (5.5 hrs/wk x 5 wks) = 27.5 Hours
Readings (10 hrs/wk x 5 wks) = 50.0 Hours
Easter Egg assignments (1 hr/wk x 5 wks) = 5.0 Hours
Movie Paper = 8.0 Hours
Crisis Interview = 25.0 Hours
Crisis Narrative = 40.0 Hours
Total = 155.5 Hours

#### Mission

The College of Education and Human Services plays an important leadership role and collaborates with others in the creation, dissemination, and application of knowledge and research that enhances professional practice and transforms lives, schools, and communities

#### Vision

The College of Education and Human Services aspires to be known throughout the Commonwealth of Kentucky and region at large as the leader in providing opportunities for engaged learning and applied scholarship that fosters individual growth and collective success.

#### **Kentucky Core Academic Standards (KCAS)**

Preparation of Kentucky's students for the demands of the 21st century requires districts and schools to prepare every student for successful transition to be College and Career Ready. The Kentucky Core Academic Standards help ensure that all students throughout Kentucky are provided with common content and have opportunities to learn at high levels. As education candidates complete and implement projects and assignments throughout their education programs at NKU, they will incorporate the components of the Kentucky Core Academic Standards.

## **Tentative Course Schedule**

Tentative Course Schedule:

## Week One

May 24 (Recording)

• Topic

# June 14 (Recording – Video available online)

Topic: Considering diagnosisReadings due: Chapters 8 & 9

• Assignments due

## **Knowledge & Skill Outcomes**

### CACREP 2016 Standards

Standards evaluated in connection with CACREP Key Objective Assessments are in bold.

Students will be able to	CA CDEDI	Content Conone as	Class
Students will be able to: Understand the history and philosophy	2.F.1.a.	Content Coverage Lecture notes; Echterling,	Assignments EE reflection
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of the counseling profession and its		Chapter 1, 2	activity discussions
specialty areas	2511	Lastena Natan Eshtadina	
Understand the multiple professional	2.F.1.b.	Lecture Notes; Echterling	Activities &
roles and functions of counselors		Ch 3, 6, 8, 10;	discussions, EE
across specialty areas, and their		Psychological First Aid	reflection
relationships with human service and		(PFA) Field Operations	assignment
integrated behavioral health care		Guide, Core Actions 1-8;	
systems, including interagency and		Skills for Psychological	
interorganizational collaboration and		Recovery (SPR) Field	
consultation		Operations Guide Core	
		Skills 1-6	
Understand counselors' roles and	2.F.1.c.	Lecture Notes; PFA Core	Movie paper 2,
responsibilities as members of		Actions 1-8; SPR Core	Crisis Interview,
interdisciplinary community outreach		Skills 1-6; Ecterling Ch 1,	activities &
and emergency management response		6, 8, 10	discussions
teams		2, 2, 2	
Demonstrate understanding of ethical	2.F.1.i	Cori, Chapter 6; Herman,	Crisis Interview,
standards of professional counseling		Chapter 7; PFA Overview,	Crisis Narrative,
organizations and credentialing bodies,		Core Actions 1-8; SPR	Movie Papers
and applications of ethical and legal		Delivery Considerations,	
considerations in professional		Core Skills 1-6; Lecture	
counseling		Notes	
Demonstrate strategies for personal	2.F.1.k	Lecture notes; PFA	Crisis Narrative,
and professional self-evaluation and		Psychological First Aid	Movie Papers
implications for practice		Survivor Care	•
Identify self-care strategies	2.F.1.1	Lecture notes; PFA	Crisis Interview,
appropriate to the counselor role		Psychological First Aid	Crisis Narrative,
		Survivor Care; Echterling	EE reflection
		Ch. 10	assignment
Identify and demonstrate multicultural	2.F.2.c	Echterling Ch 1, 3, 4, 8;	Crisis Interview,
counseling competencies		PFA Core Actions 1-2, 6;	Crisis Narrative,
		SPR Core Skills 1, 6;	Movie Papers
		Lecture Notes	

Understand the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an

Recognize the impact of spiritual beliefs on clients' and counselors' worldviews	2.F.2.g	Echterling Ch 1; PFA Core Actions 1-4, 6, 8; SPR Core Skills 3, 6; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers, EE reflection activity
Identify biological, neurological, and physiological factors that affect human development, functioning, and behavior	2.F.3.e	Echterling Ch 1, 5; PFA Core Actions 2-4; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers
Understand the systemic and environmental factors that affect human development, functioning, and behavior Recognize the effects of crisis,	2.F.3.f	Echterling Ch 1, 8, 9; PFA Core Actions 1-4; SPR Core Skills 1, 4; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers

Recognize the effects of crisis, disasters, and trauma on diverse individuals across the lifespan

Examine processes for aiding students	2.F.5.n.	Echterling Ch 2, 3, 4; PFA	Activities and
in developing a personal model of		Core Actions 1-8; SPR	discussions
counseling		Core Skills 1-6; Lecture	
		Notes	
Understand procedures for assessing	2.F.7.c.	Lecture notes; PFA Core	Activities and
risk of aggression or danger to others,		Actions 2, 3; SPR Core	discussions
self-inflicted harm, or suicide		Skills 1, 4 Echterling Ch 7	
Recognize procedures for identifying	2.F.7.d.	Lecture notes; PFA Core	Activities and
trauma and abuse and for reporting		Actions 2, 3; SPR Core	discussions
abuse		Skills 1, 4; Cori, 2008	
Demonstrate the use of environmental	2.F.7.j	Herman, 2015; PFA Core	Activities
assessments and systematic behavioral		Actions 1-2, 6; SPR Core	
observations		Skills 1, 6; Lecture Notes	
Identify evidence-based counseling	2.F.8.b.	Echterling Ch 2, 4; PFA	Activities and
practices		Core Actions 1-8; SPR	discussions
		Core Skills 1-6; Lecture	
		Notes	
Understand theories and models	5.C.1.b.	Echterling Ch 2, 3, 4; PFA	Crisis Interview,
related to clinical mental health		Core Actions 1-8; SPR	Crisis Narrative,
counseling		Core Skills 1-6; Lecture	Movie Papers
		Notes	
Recognize potential for substance use	5.C.2.e	Echterling Ch 5; PFA Core	Activities and
disorders to mimic and/or co-occur		Actions 1-4; SPR Core	discussions
with a variety of neurological,		Skills 4; Lecture Notes	
medical, and psychological disorders			